Awakening to Interbeing: International Walking Meditation Saturday, December 02, 2023 at 17:00 Thailand Time Benjakitti Forest Park, Bangkok

Dear Friends,

As previously announced, we warmly invite you to join the International Walking Meditation in the tradition of Zen Master Thich Nhat Hanh, organised by the Network for Mindful Business.

We will gather at 5:00 PM in Benjakitti Forest Park. For the meeting point, please refer to this link https://maps.app.goo.gl/xgoxdK25L7gnfxGC7 (please see also photos below).

The nearest MRT Station is Queen Sirikit national Convention Centre, nearest BTS station is Asok, and if you arriving by car, there are parking lots at various locations around the park.

Looking forward to the pleasure of walking with you,

Gerrit (mobile: 08 9811 3648, email: gerrit.pelzer@gmail.com)

For inquiries in Thai language, please contact Khun Som-O: mobile: 08 4654 2488, email: parichat.pelzer@gmail.com

Meeting Point:

We will meet in front of this beautiful tree near the Skywalk "G" <u>https://maps.app.goo.gl/xgoxdK25L7gnfxGC7</u>





If you are coming from Queen Sirikit Convention Centre, it is opposite the Benjakitti Forest Park Museum:





For **more information** on the International Walking Meditation, please visit: https://achtsame-wirtschaft.de/terminansicht/awakening-to-interbeing-international-walking-meditation.html