

The background of the slide is a photograph of a park. In the foreground, there are several tall palm trees. In the middle ground, there is a body of water, likely a lake or a large pond. In the background, there are some buildings and more trees. The sky is blue with some clouds.

Please join us for Silent Guided Walking Meditation
In celebration of International Walking Meditation on
'The Power of Small Actions'

Saturday November 29th

Walking Meditation 11:00-11:45am

Tea in the park afterwards or lunch at a nearby restaurant

Crescent Lake Park

St. Petersburg, Florida

Meet near the playground on the north side/near 22nd Avenue North

Questions: Maria S. (sgambati2012@gmail.com)

No registration needed; just show up!